

# MRI & X-Rays: What should be screened?

Guillaume DEMEY - David DEJOUR

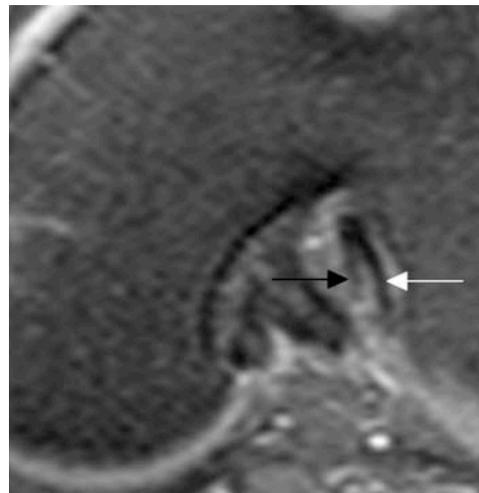
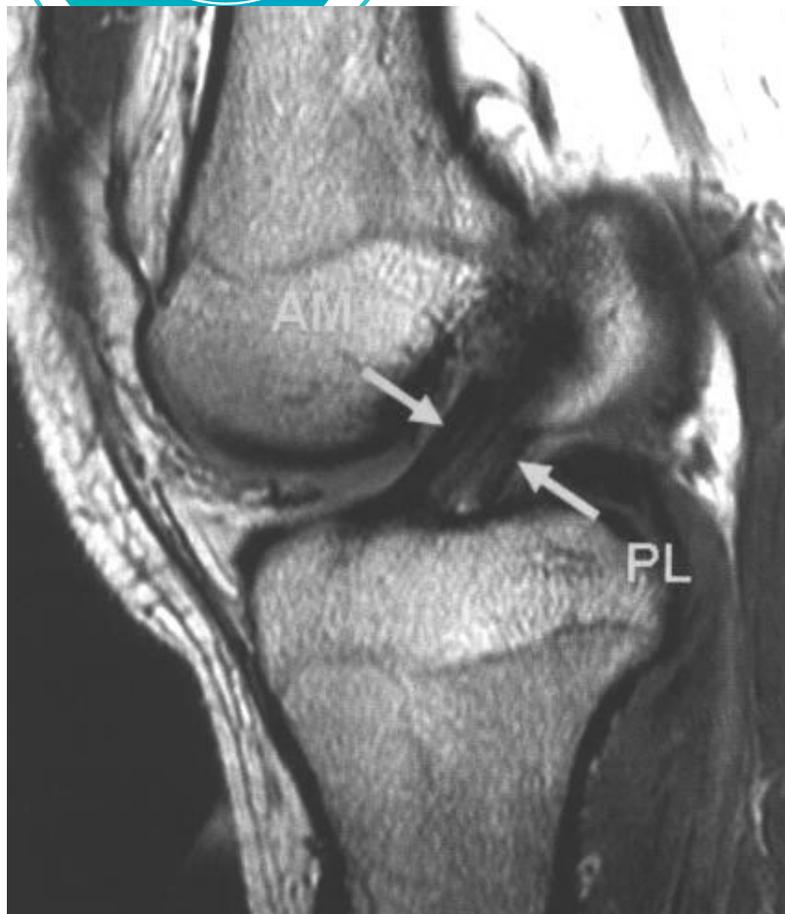
Lyon Ortho Clinic, Lyon, France

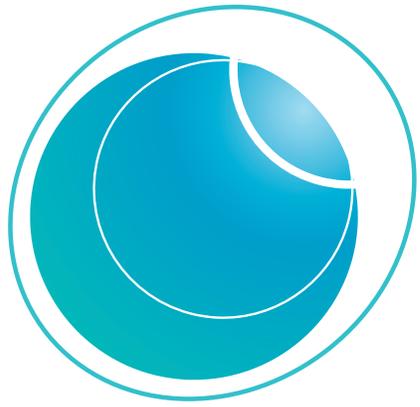
LYON **ORTHO** CLINIC





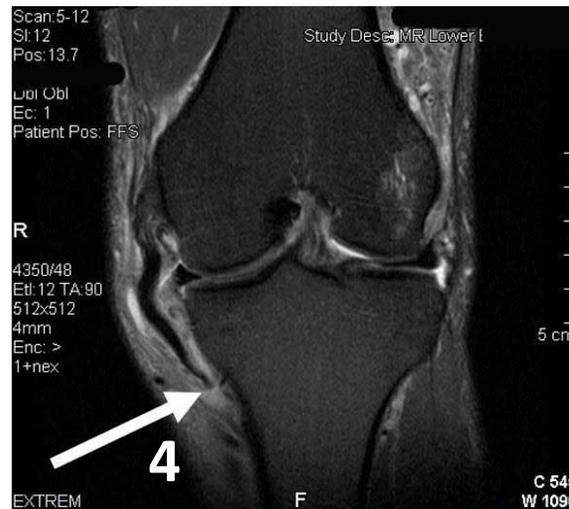
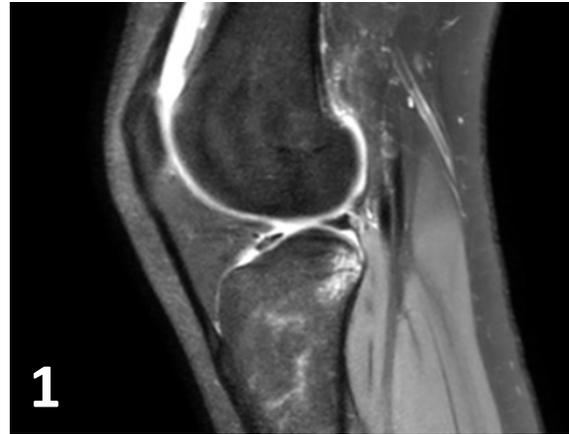
# MRI : ACL analysis

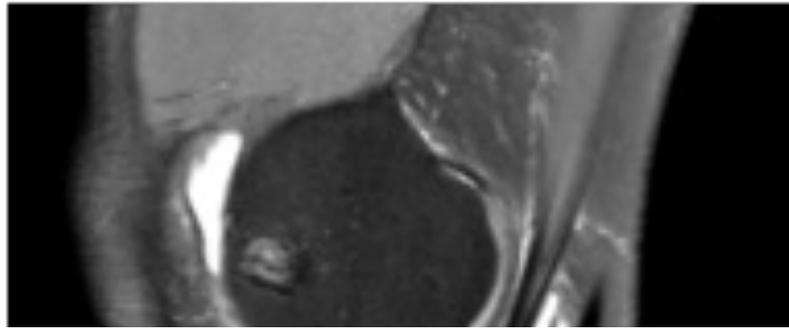
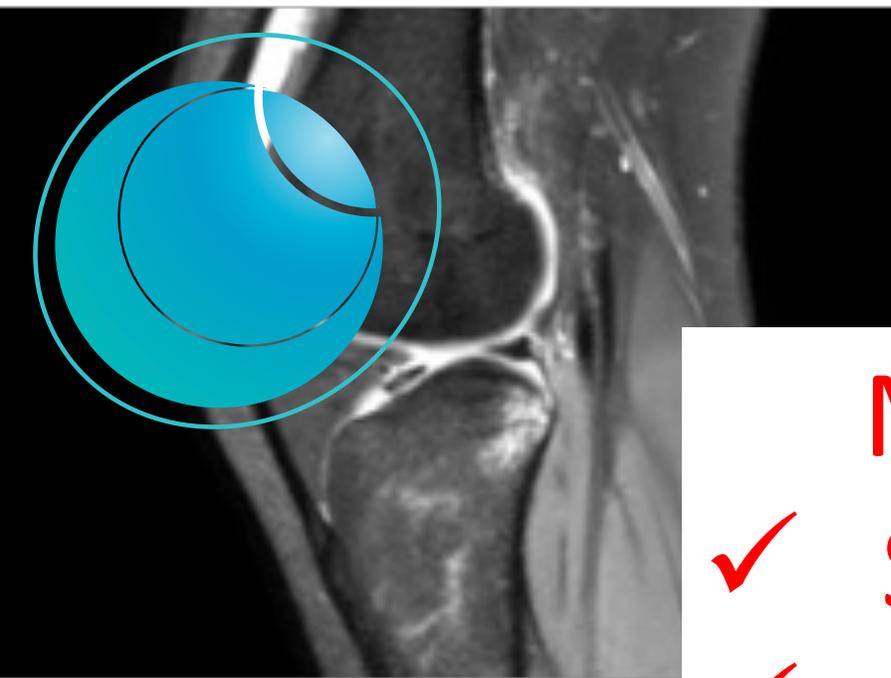
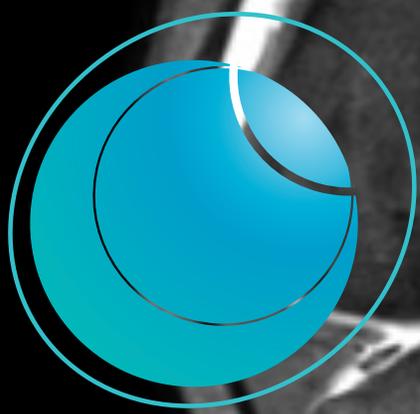




# Associated lesions

1. Cartilage and bone
2. Medial meniscus
3. Lateral meniscus
4. Ligaments
  - ✓ Anterior tibial drawer
  - ✓ PCL orientation
5. Indirect signs



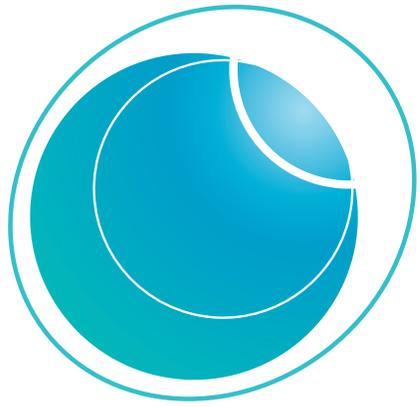


**MRI Weaknesses :**

- ✓ Static analysis
- ✓ Unloaded analysis

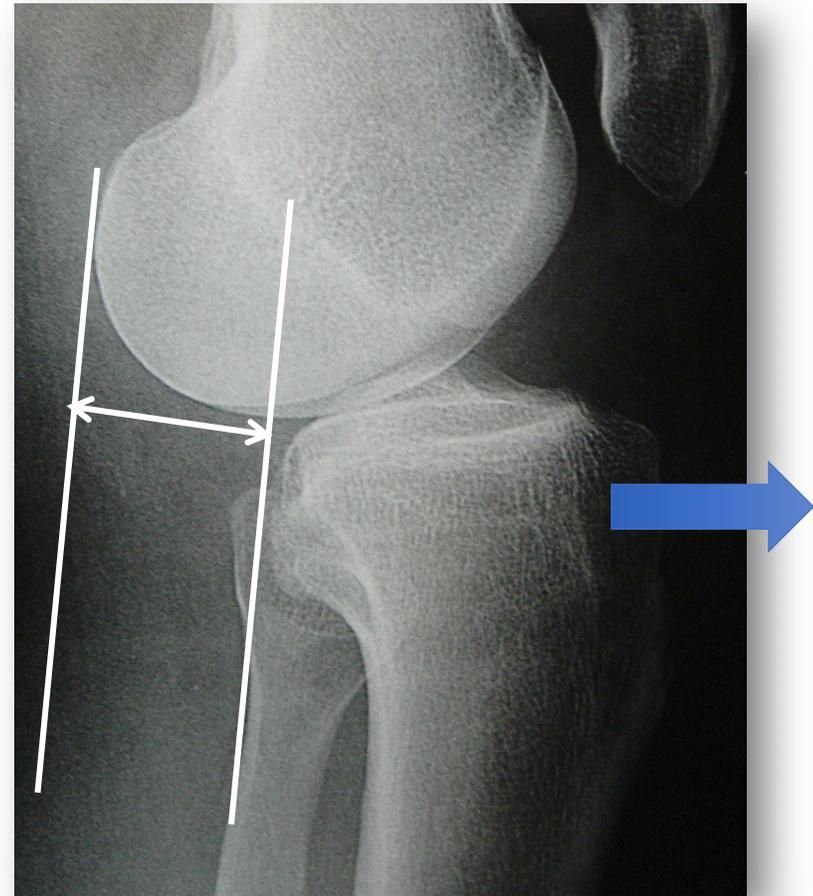


**X-Ray Strength**



# Dynamic analysis

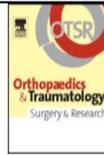
**Stress radiography : Telos®**





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www.sciencedirect.com

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EM|consulte  
www.em-consulte.com/en

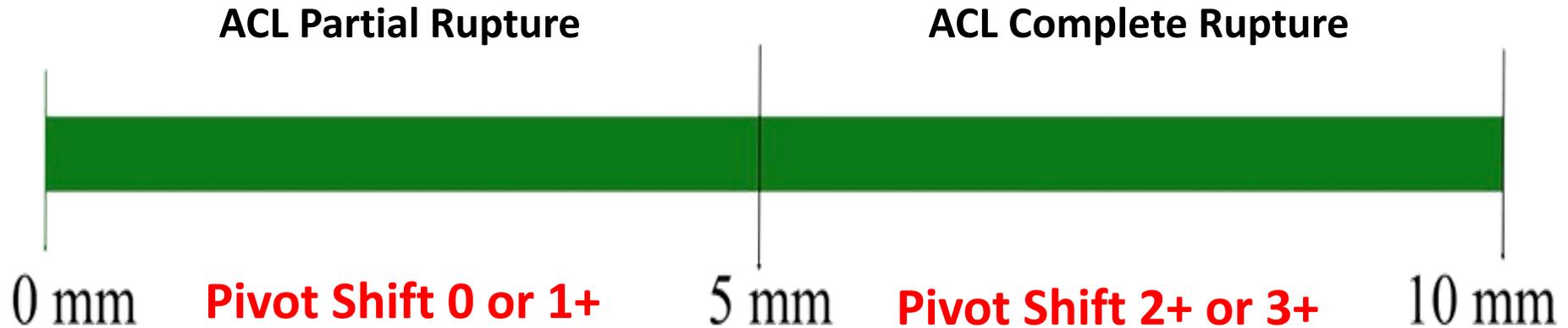


# Clinical + Stress Radiography Analysis

ORIGINAL ARTICLE

A comparison of Telos™ stress radiography versus Rolimeter™ in the diagnosis of different patterns of anterior cruciate ligament tears

J.-C. Panisset<sup>a</sup>, P.-G. Ntagiopoulos<sup>b</sup>, P.R. Saggin<sup>c</sup>, D. Dejour<sup>b,\*</sup>



**88% sensibility and 94,6% specificity**

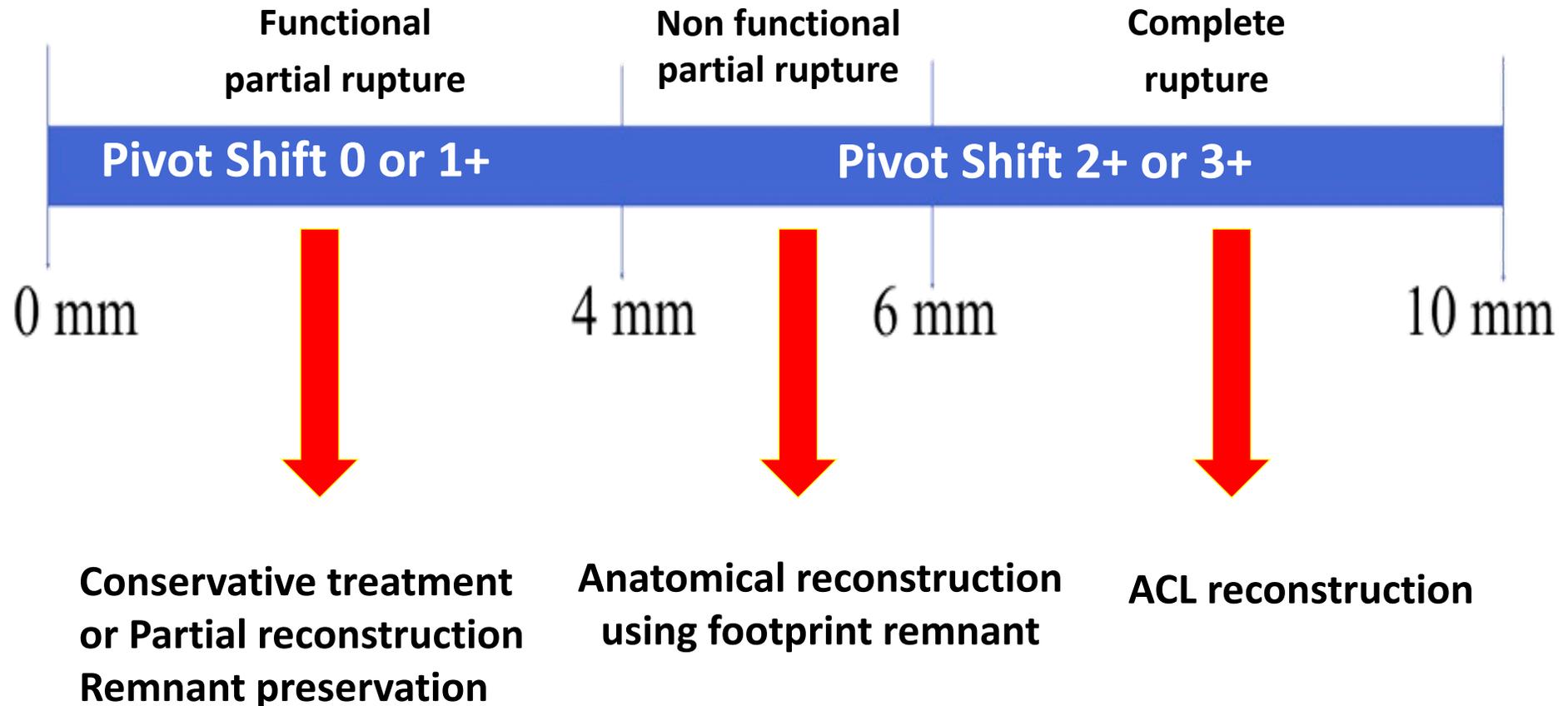
**ARTHROSCOPY**  
**THE JOURNAL OF ARTHROSCOPIC**  
**AND RELATED SURGERY**

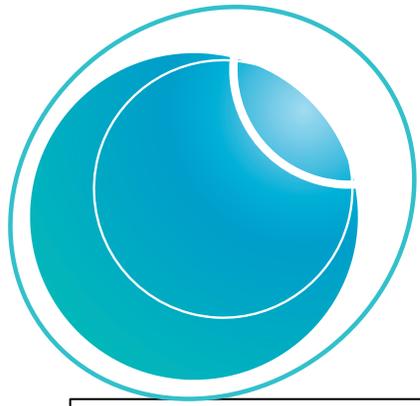
The Diagnostic Value of Clinical Tests, Magnetic Resonance Imaging, and Instrumented Laxity in the Differentiation of Complete Versus Partial Anterior Cruciate Ligament Tears

David Dejour, M.D., Panagiotis G. Ntagiopoulos, M.D., Ph.D., Paulo R. Saggin, M.D., and Jean-Claude Panisset, M.D.

# Clinical + Stress Radiography Analysis

Sensibility 0.88, specificity 0.96





# ACL Laxity Grading



## HHS Public Access

Author manuscript

*Am J Sports Med.* Author manuscript; available in PMC 2018 January 16.

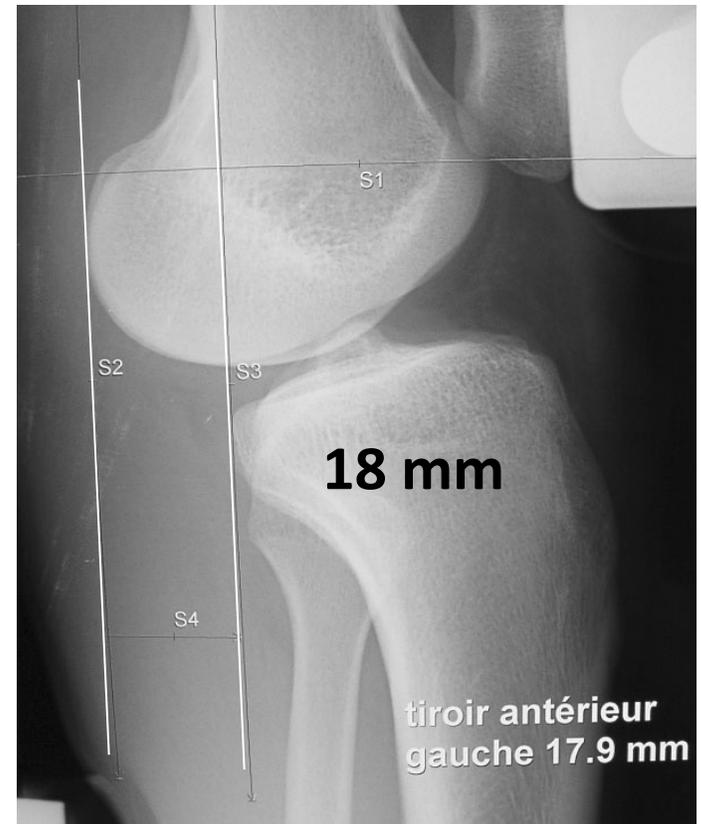
Published in final edited form as:

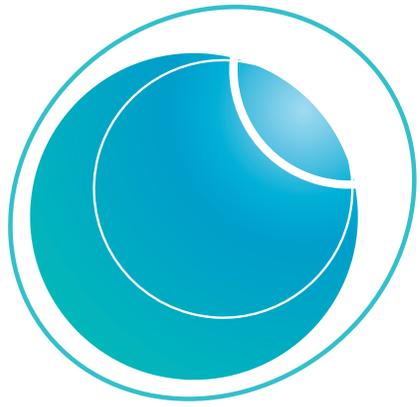
*Am J Sports Med.* 2016 December ; 44(12): 3077–3082. doi:10.1177/0363546516656835.

### Effect of High-Grade Pre-operative Knee Laxity on Outcomes of ACL Reconstruction

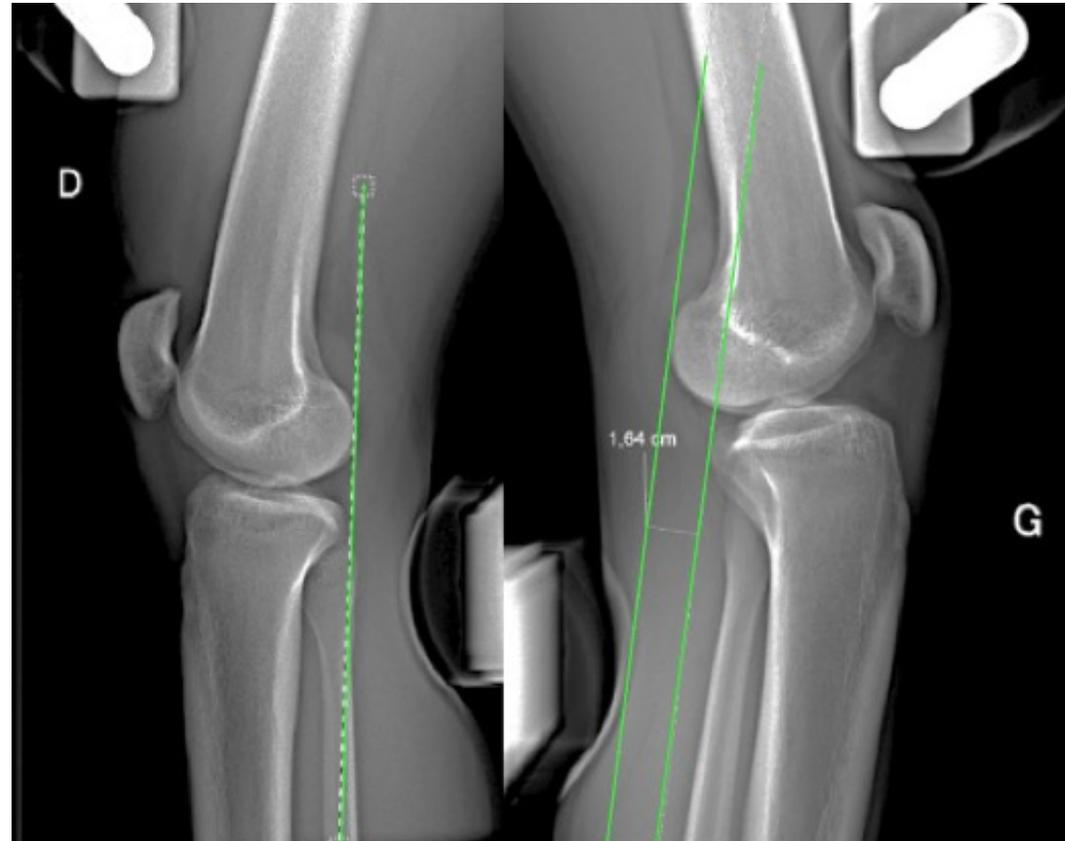
Robert A. Magnussen, MD, MPH<sup>1,2</sup>, Emily K. Reinke, PhD<sup>3</sup>, Laura J. Huston, MS<sup>3</sup>, MOON Group<sup>7</sup>, Timothy E. Hewett, PhD<sup>4,5</sup>, and Kurt P. Spindler, MD<sup>6</sup>

« The presence of high-grade pre-reconstruction knee laxity is associated with significantly increased odds of revision ACL surgery »





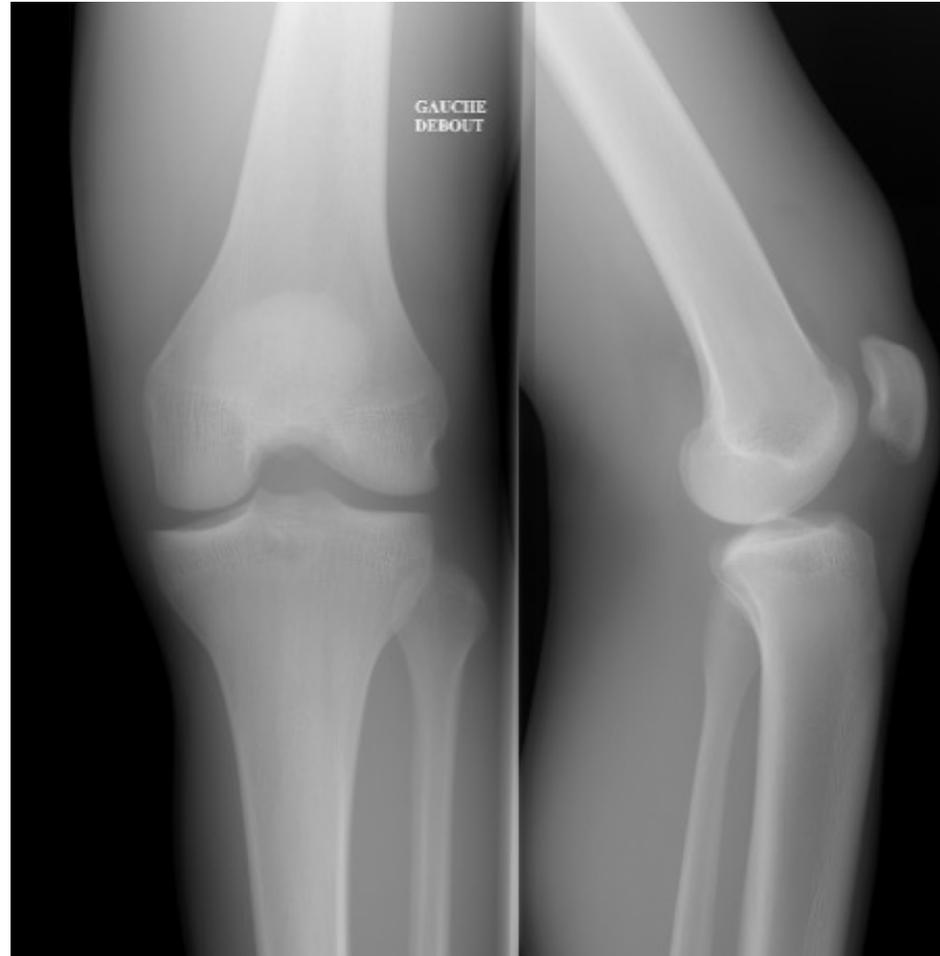
# ACL Laxity Grading



**Side to side +++**

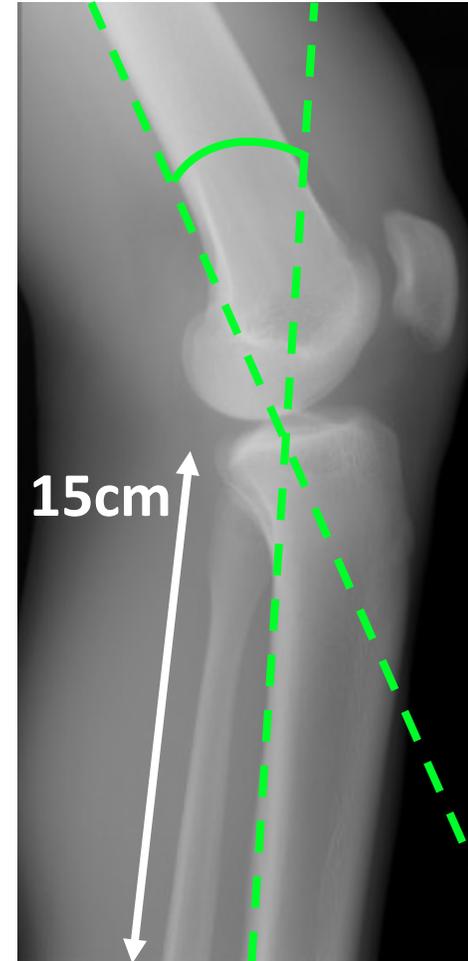


# Monopodal weightbearing X-Rays





# Monopodal weightbearing X-Rays

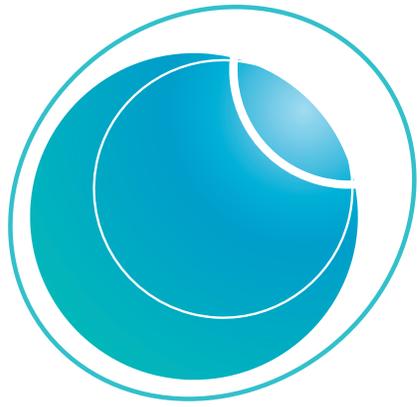


20-30°  
flexion



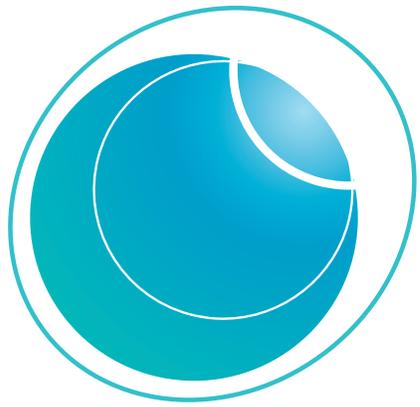
# Monopodal weightbearing X-Rays



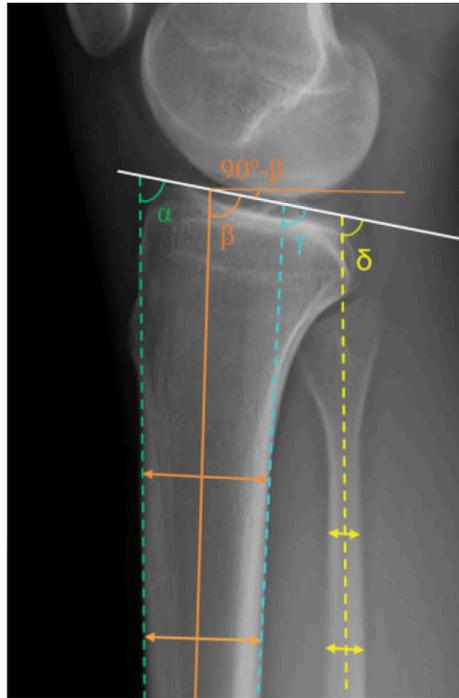


# Posterior Tibial Slope





# Which method?



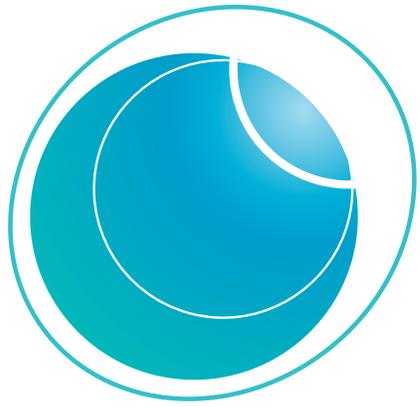
Method	Tibial Slope value
Anterior Tibial cortical	11.44 ± 3.61
Proximal Anatomical Axis (Dejour)	9.16 ± 3.71
Long Anatomical Axis	10.39 ± 3.72
Post cortical	6.96 ± 3.28
Fibula Short	9.54 ± 3.62
Fibula Long	8.23 ± 3.51

Comparative Study > Rev Chir Orthop Reparatrice Appar Mot. 1996;82(3):195-200.

**[Evaluation of methods for radiographic measurement of the tibial slope. A study of 83 healthy knees]**

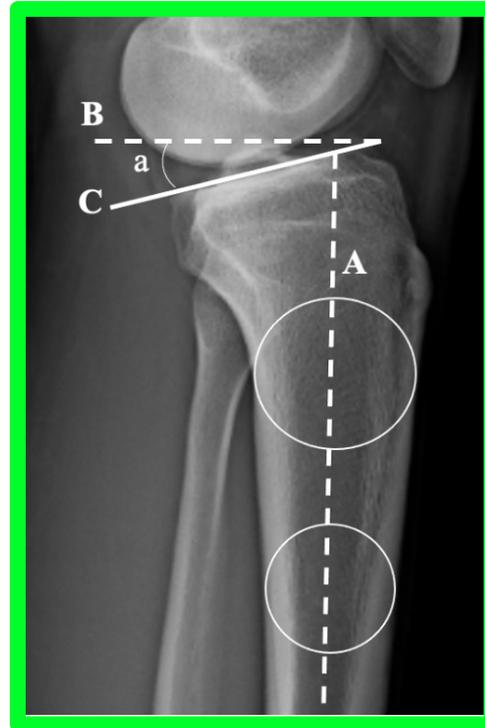
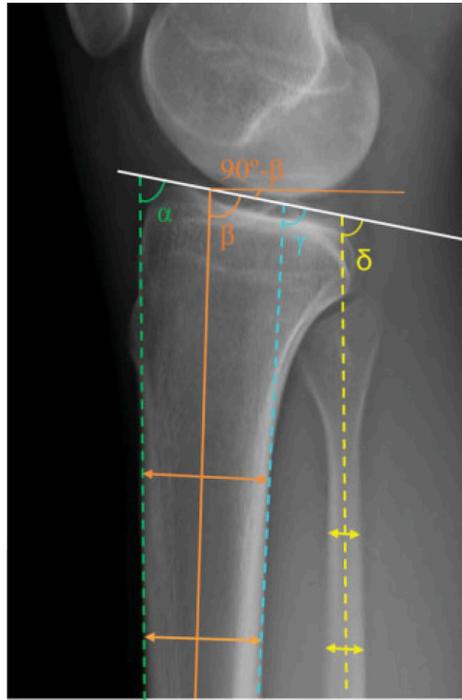
[Article in French]

J Brazier<sup>1</sup>, H Migaud, F Gougeon, A Cotten, C Fontaine, A Duquenooy



# Which method?

Proximal anatomical axis  
normal value = 9mm



Method	Tibial Slope value
Anterior Tibial cortical	11.44 ± 3.61
Proximal Anatomical Axis (Dejour)	9.16 ± 3.71
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# Tibial Slope = intrinsic risk factor for failure

> [Am J Sports Med.](#) 2013 Dec;41(12):2800-4. doi: 10.1177/0363546513503288.  
Epub 2013 Sep 13.

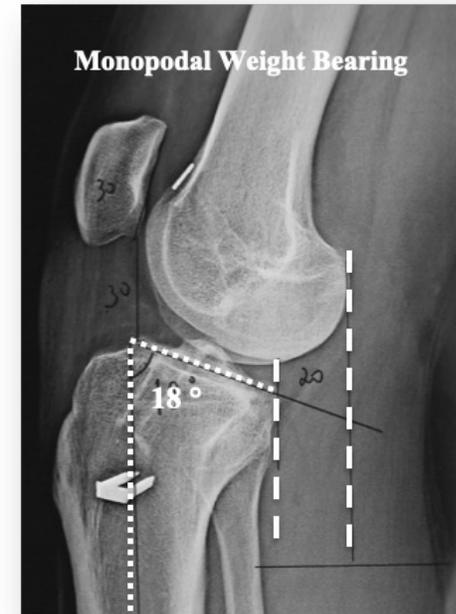
## Posterior tibial slope and further anterior cruciate ligament injuries in the anterior cruciate ligament-reconstructed patient

[Justin M Webb](#)<sup>1</sup>, [Lucy J Salmon](#), [Etienne Leclerc](#), [Leo A Pinczewski](#), [Justin P Roe](#)

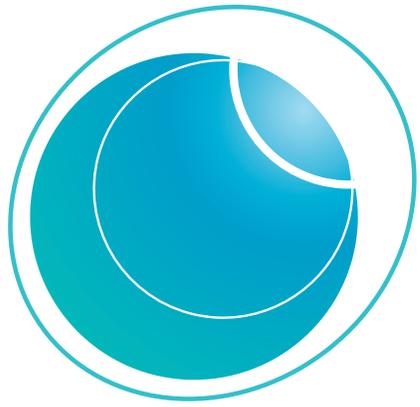
[Comparative Study](#) > [Am J Sports Med.](#) 2018 Mar;46(3):531-543.  
doi: 10.1177/0363546517741497. Epub 2017 Dec 15.

## 20-Year Outcomes of Anterior Cruciate Ligament Reconstruction With Hamstring Tendon Autograft: The Catastrophic Effect of Age and Posterior Tibial Slope

[Lucy J Salmon](#)<sup>1</sup>, [Emma Heath](#)<sup>1</sup>, [Hawar Akrawi](#)<sup>1</sup>, [Justin P Roe](#)<sup>1</sup>, [James Linklater](#)<sup>2</sup>,  
[Leo A Pinczewski](#)<sup>1 3</sup>

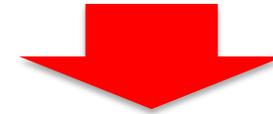


**Slope > 12°  
= 22% failure @ 20y**

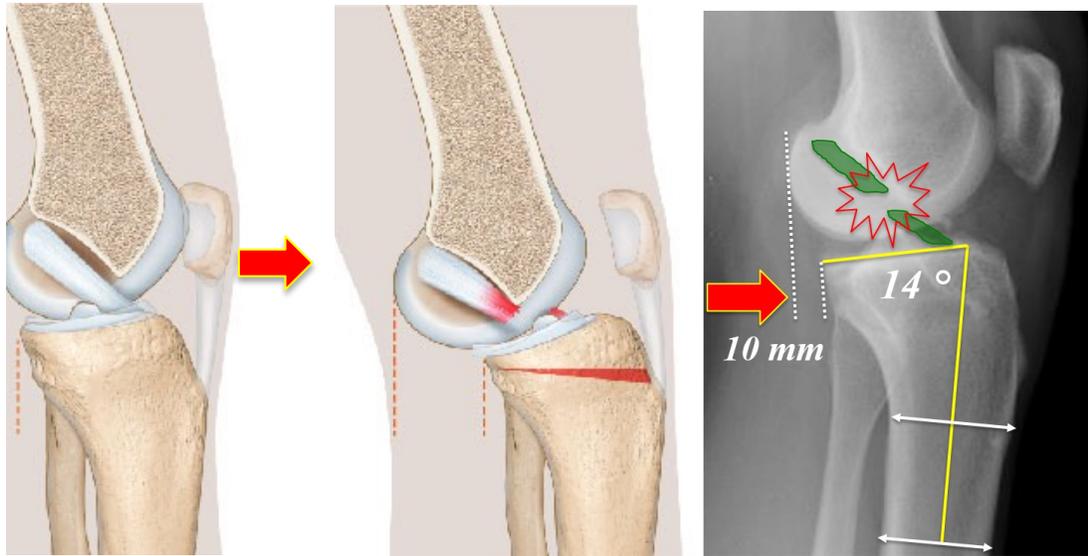


# Tibial Slope = intrinsic risk factor for failure

**Constraints on ACL  
during walking !!!**



**“Fatigue rupture of the ACL graft”  
Biologic failure ...**



**Static Anterior Tibial Translation is larger and is more affected by slope in ACL patients compared to controls**

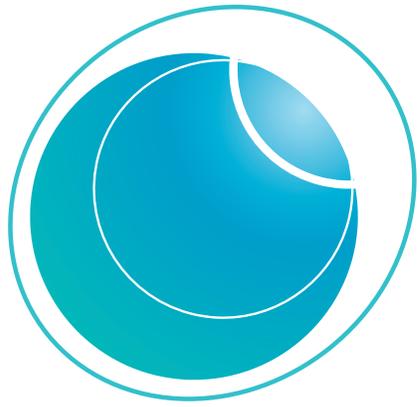
*Cance N, Dan MJ, Pineda T, Demey G, Dejour DH*





# Anterior Tibial Translation





# Anterior Tibial Translation

## Normal Value = 1.3mm



 **SFA2023 LYON**   
Société Francophone d'Arthroscopie CENTRE DES CONGRÈS

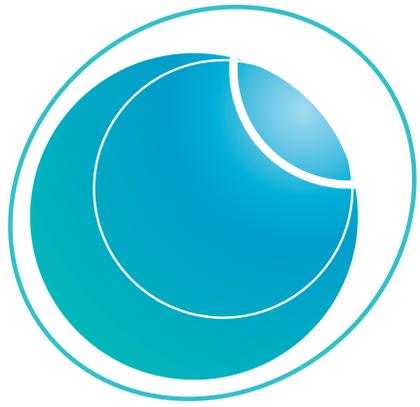
**La translation tibiale antérieure statique est plus importante et plus affectée par la pente chez les patients atteints de rupture du LCA que chez les témoins**

*Static anterior tibial translation is larger and is more affected by slope in ACL patients compared to controls*

**N. CANCE**, M. J. Dan, T. Pineda, G. Demey, D. H. Dejour

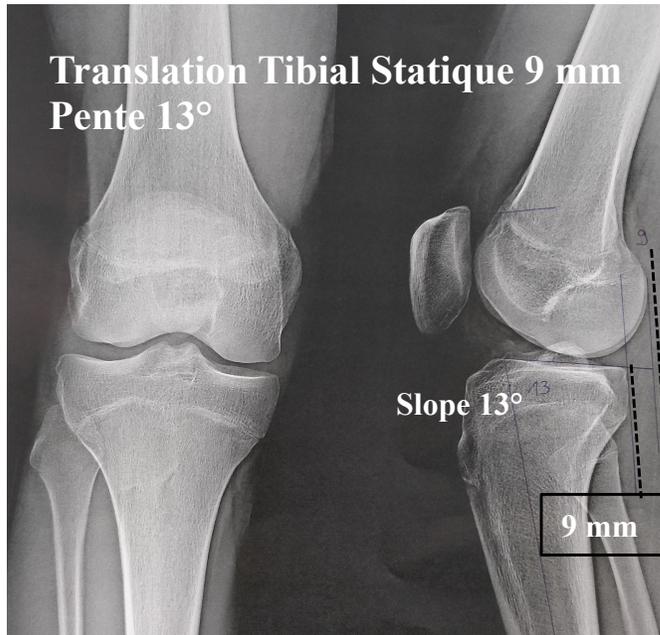
  
a#ssm

 LYON ORTHOCLINIC **Lyon – Ortho – Clinic**  
Clinique de la Sauvegarde, LYON  LYON KNEE SCHOOL OF SURGERY



# Anterior Tibial Translation

 **With slope**



**+10° slope = +2.4 to +6mm Static ATT**

> [Knee Surg Sports Traumatol Arthrosc.](#) 2019 Nov;27(11):3481-3489.  
doi: 10.1007/s00167-019-05435-0. Epub 2019 Feb 26.

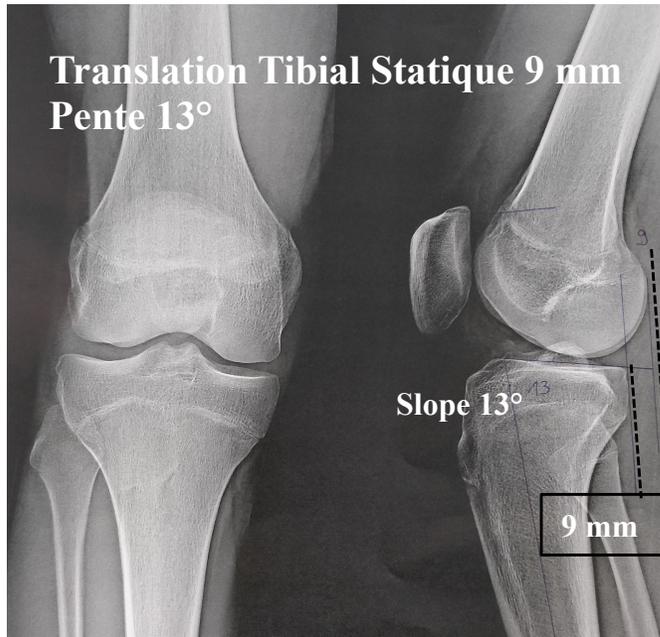
**Tibial slope and medial meniscectomy significantly influence short-term knee laxity following ACL reconstruction**

David Dejour <sup>1</sup>, Marco Pungitore <sup>1</sup>, Jeremy Valluy <sup>2</sup>, Luca Nover <sup>2</sup>, Mo Saffarini <sup>3</sup>,  
Guillaume Demey <sup>1</sup>



# Anterior Tibial Translation

 **With slope**



**Will normalize between 4° & 6° slope**

**Four to 6 Degrees Is the Target Posterior Tibial Slope After Tibial Deflection Osteotomy According to the Knee Static Anterior Tibial Translation**

Michael J. Dan, M.B.B.S., Ph.D., F.R.A.C.S.(ortho) • Nicolas Cance, M.D.   • Tomas Pineda, M.D. •

Guillaume Demey, M.D. • David H. Dejour, M.D.

Arthroscopy

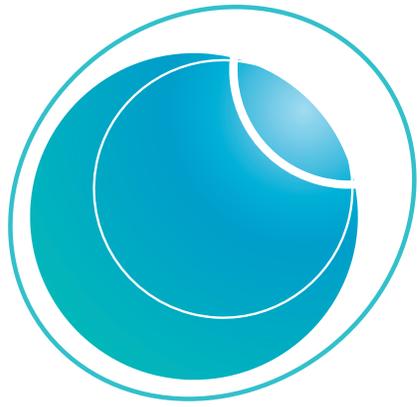
The Journal of Arthroscopy and Related Surgery

Volume 30, Issue 5, September 2021

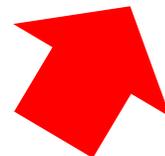
Editor-in-Chief: Michael J. Dan, M.B.B.S., Ph.D., F.R.A.C.S.(ortho)  
Editor: Nicolas Cance, M.D.  
Editor: Tomas Pineda, M.D.  
Editor: Guillaume Demey, M.D.  
Editor: David H. Dejour, M.D.



AANA



# Anterior Tibial Translation

 **Risk of ACL rupture or meniscal lesion**

**Cut-off : ATT > 5mm**

> [Knee Surg Sports Traumatol Arthrosc.](#) 2019 Nov;27(11):3481-3489.  
doi: 10.1007/s00167-019-05435-0. Epub 2019 Feb 26.

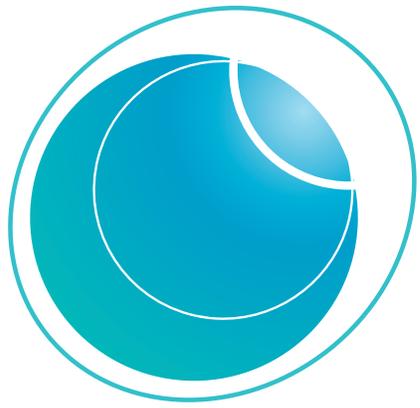
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Guillaume Demey <sup>1</sup>

> [Am J Sports Med.](#) 2020 Oct;48(12):2954-2961. doi: 10.1177/0363546520949212.  
Epub 2020 Aug 31.

**Steep Posterior Tibial Slope and Excessive Anterior Tibial Translation Are Predictive Risk Factors of Primary Anterior Cruciate Ligament Reconstruction Failure: A Case-Control Study With Prospectively Collected Data**

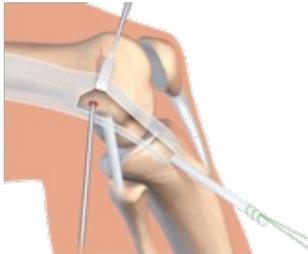
Qian-Kun Ni <sup>1</sup>, Guan-Yang Song <sup>1</sup>, Zhi-Jun Zhang <sup>1</sup>, Tong Zheng <sup>1</sup>, Zheng Feng <sup>1</sup>,  
Yan-Wei Cao <sup>1</sup>, Hua Feng <sup>1</sup>, Hui Zhang <sup>1</sup>



# Anterior Tibial Translation is not affected by a lateral extra-articular tenodesis

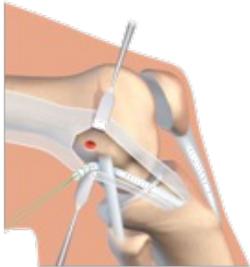


**La ténodèse latérale extra-articulaire ne modifie pas la translation tibiale antérieure statique ou dynamique lors d'une reconstruction du LCA**



T. Pineda, N. Cance, M. J. Dan, G. Demey, D. H. Dejour

**Lyon Ortho Clinic**  
**Clinique de la Sauvegarde, LYON**



**LYON ORTHO CLINIC**

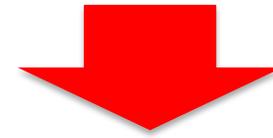


**LYON KNEE SCHOOL OF SURGERY**

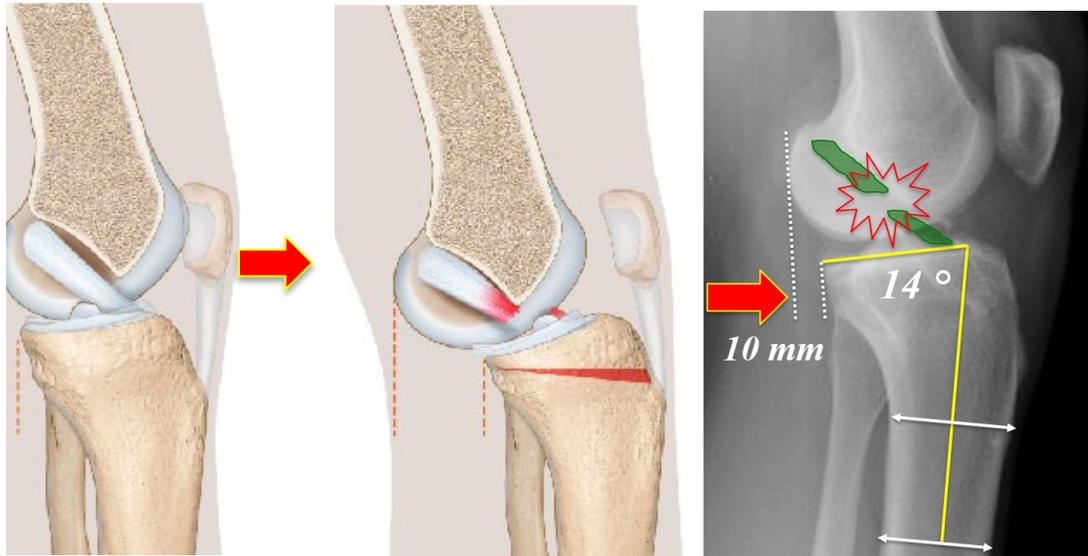


# ATT = intrinsic risk factor for failure

**Constraints on ACL  
during walking !!!**

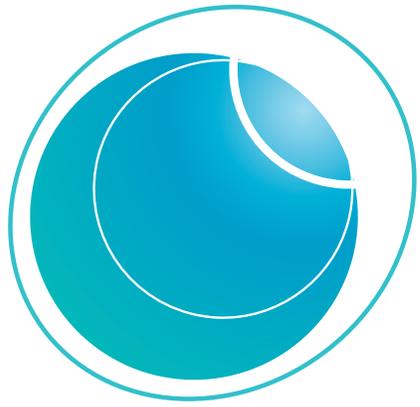


**“Fatigue rupture of the ACL graft”  
Biologic failure ...**

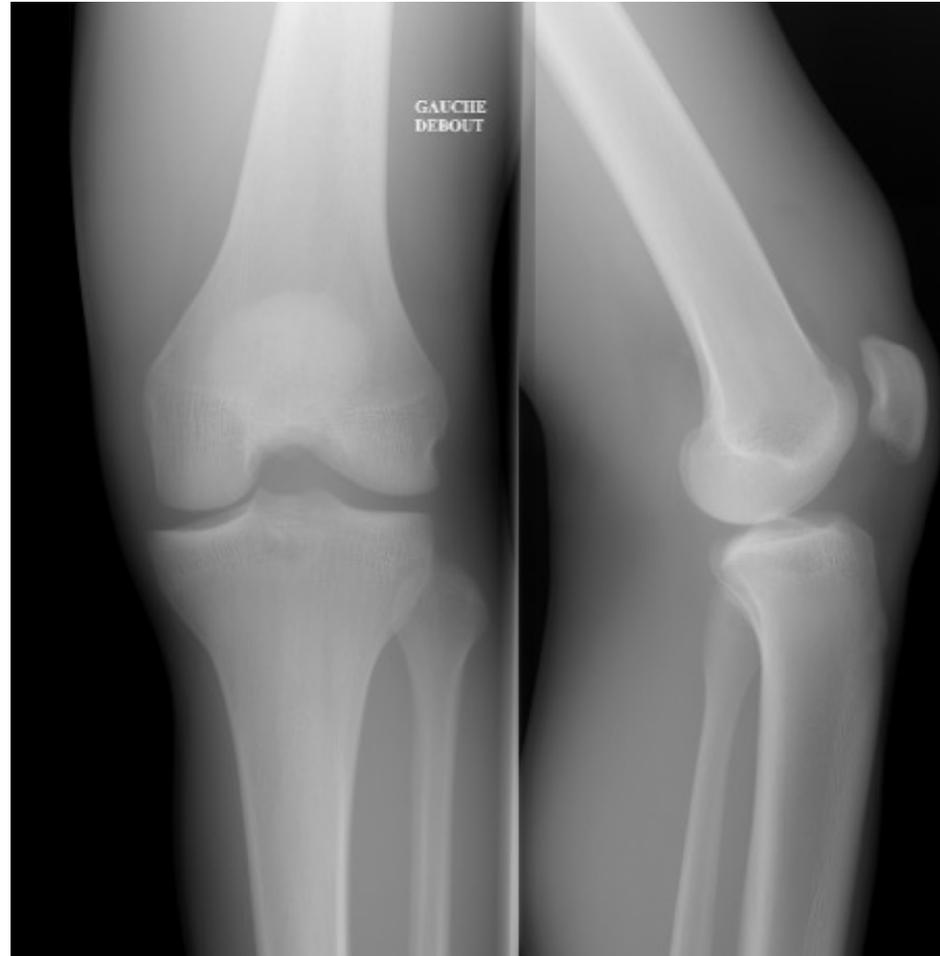


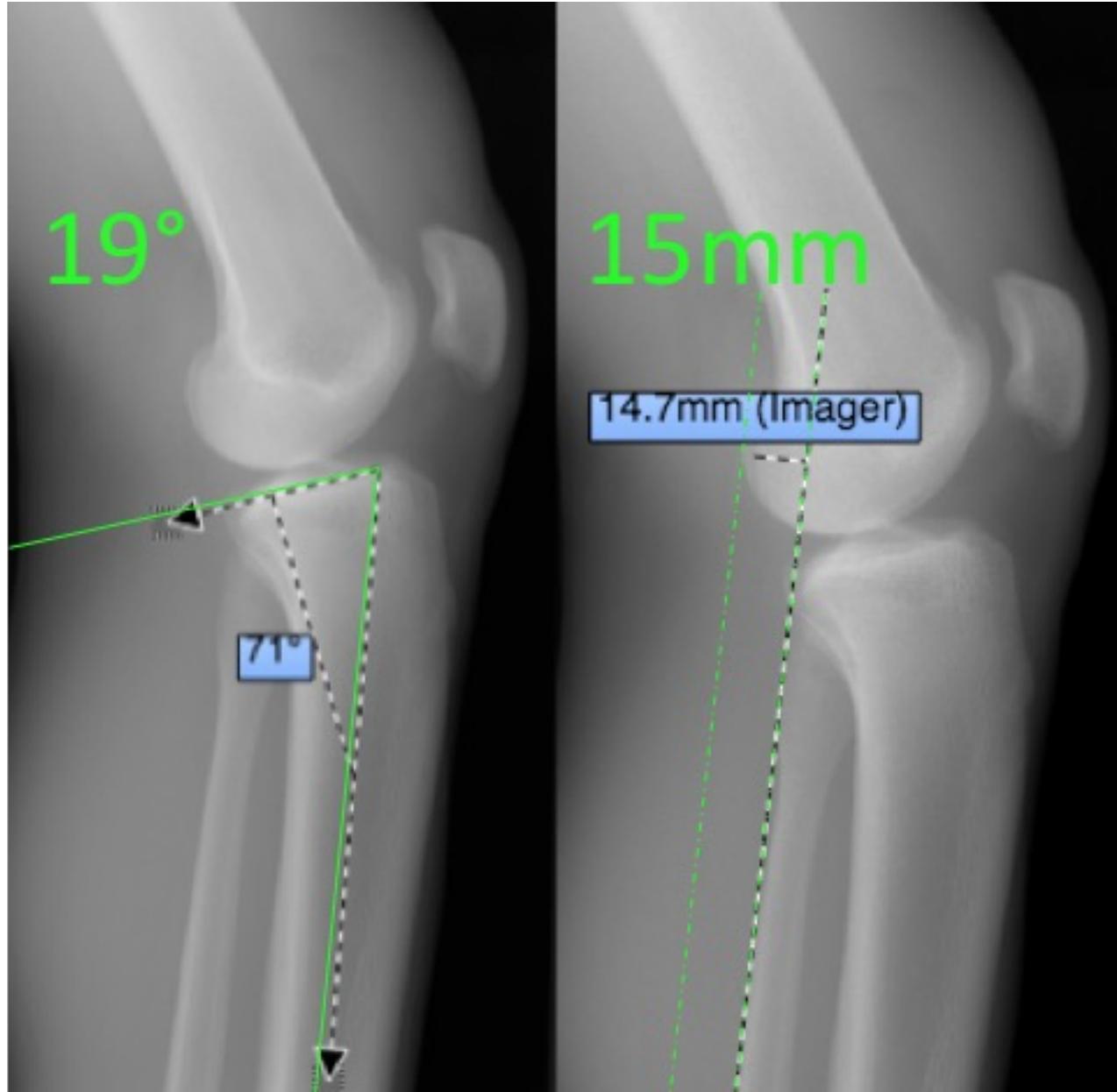
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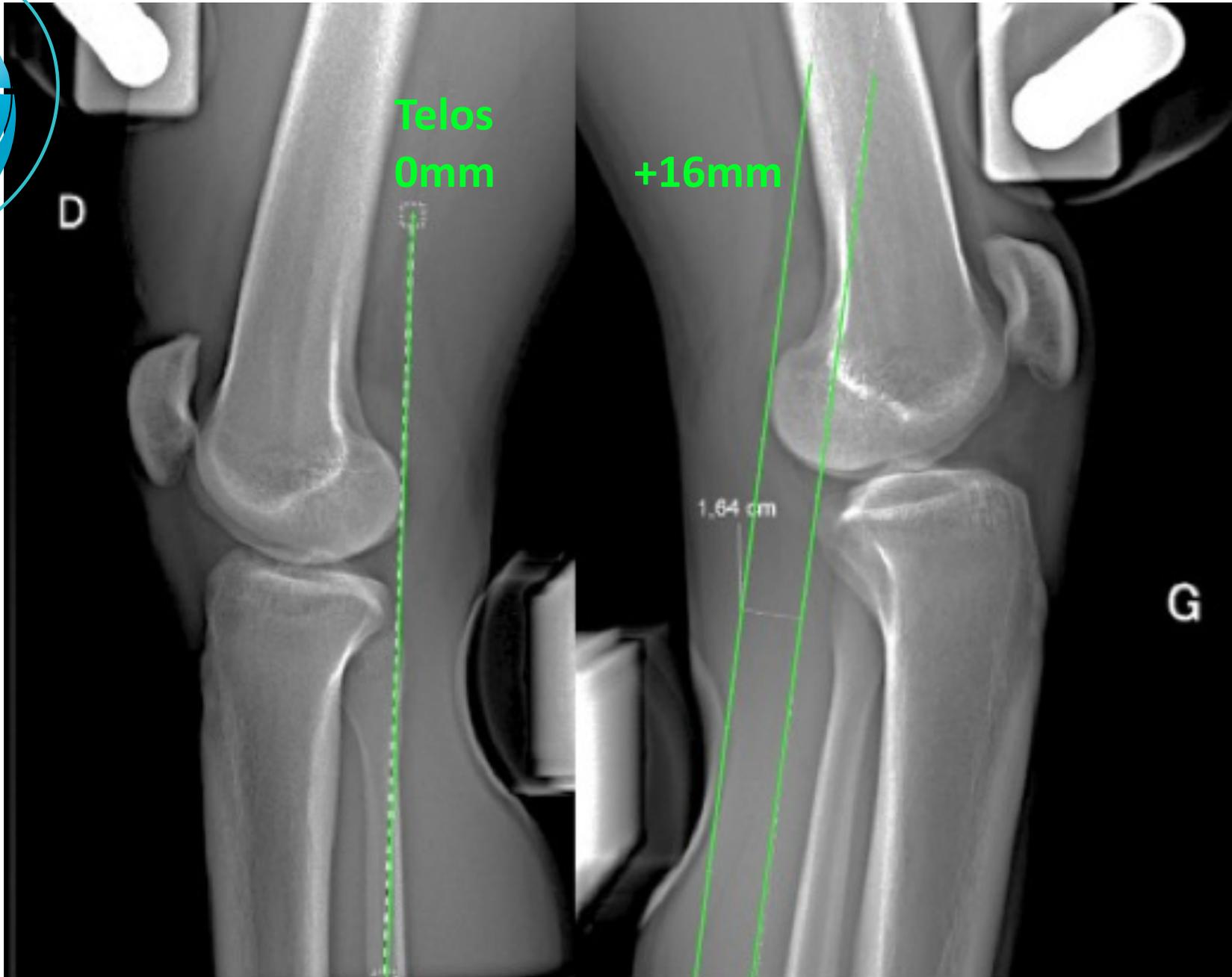


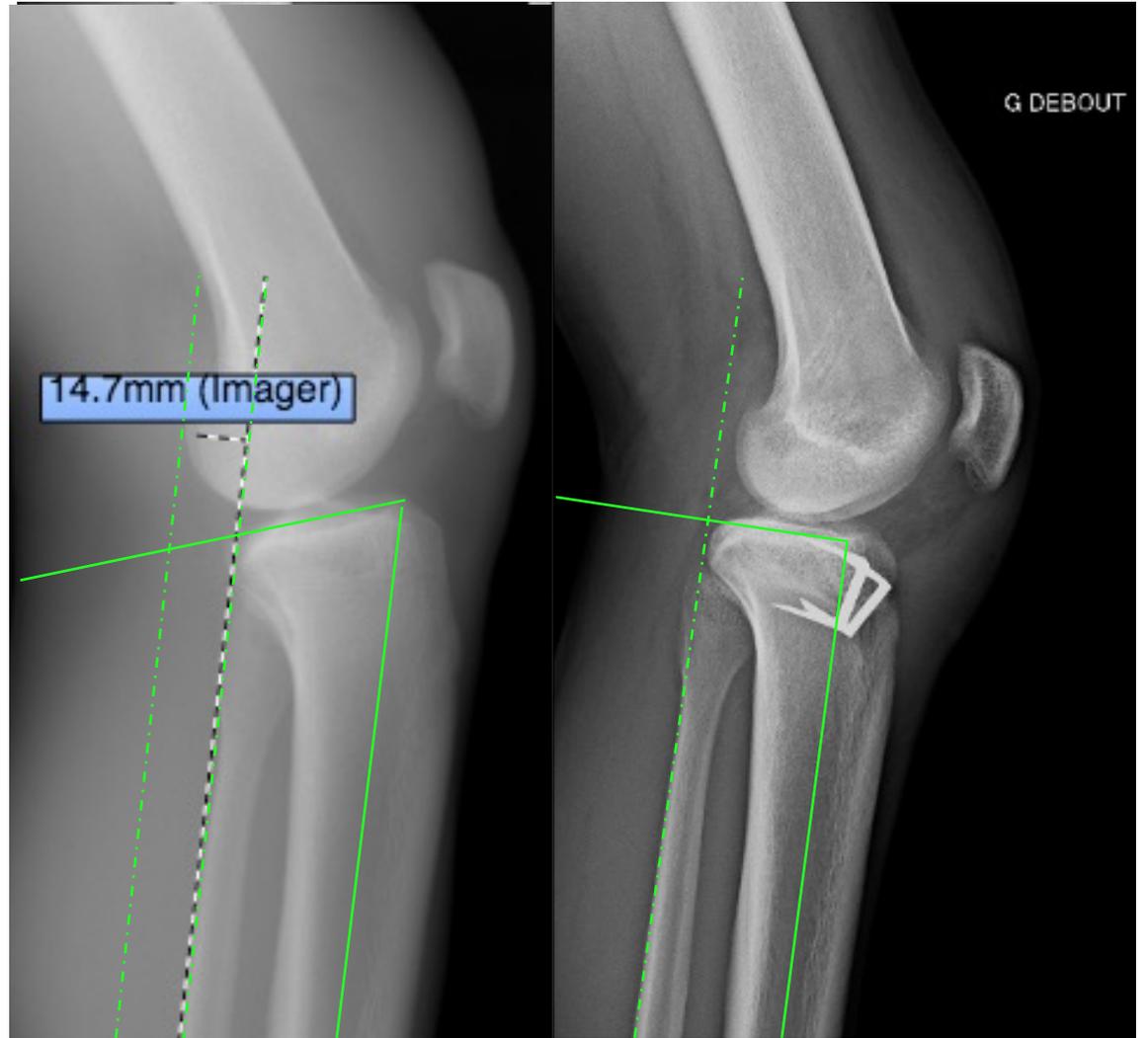


# Clinical case : 18yo, ACL rupture





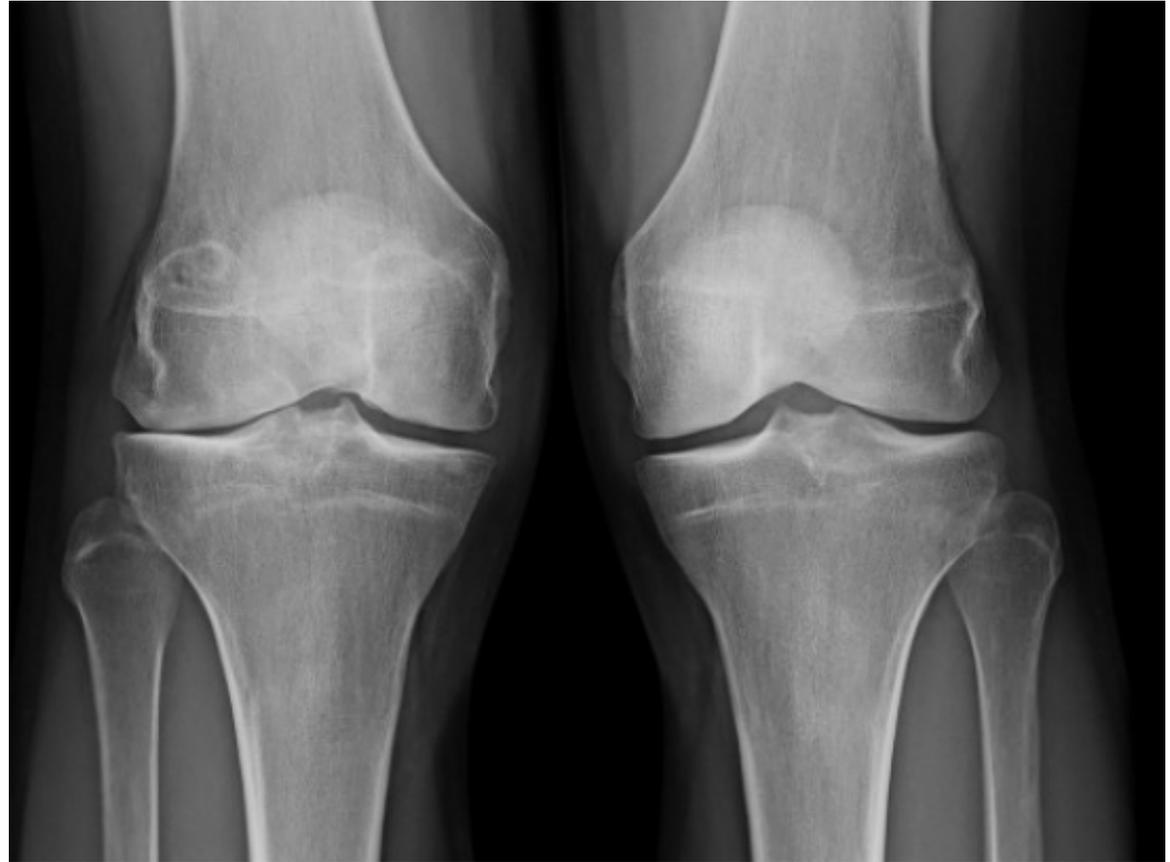






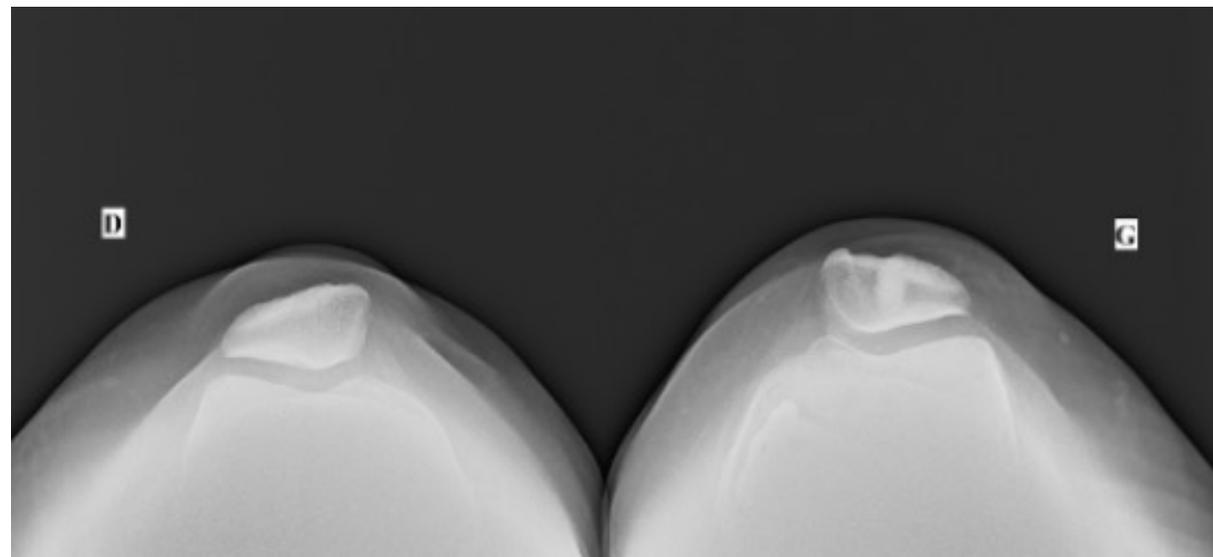
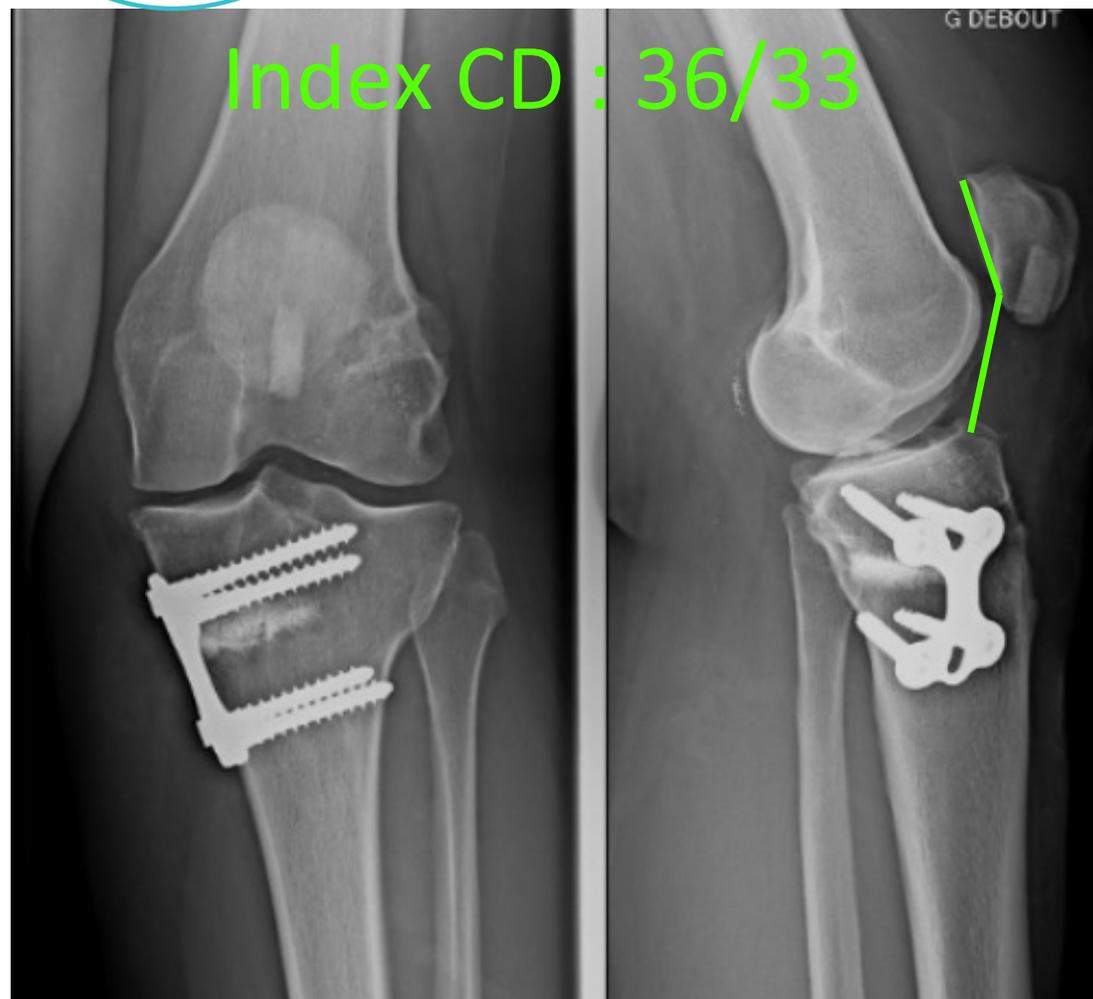
# Other parameters

## **Schuss view (30°)**





# Other parameters





# Other parameters



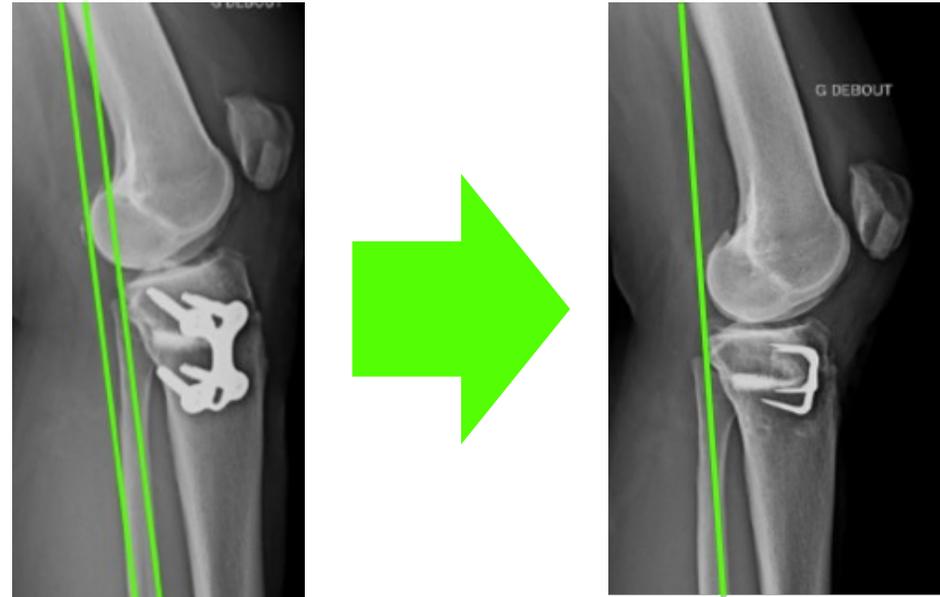
AFTm 187°  
MPTA 92°  
LDFA 85°  
JLCA 0°



Preop



# Postop



# TAKE HOME MESSAGE

- ✓ Sagittal analysis
- ✓ Loaded analysis
- ✓ **Posterior Tibial Slope**
- ✓ **Anterior Tibial Translation in monopodal weightbearing x-rays**

