

Patella Resurfacing: technical aspects

Ali AlBelooshi

MB Bch LRCPSI FRCSC MBA

Orthopedic Consultant

Orthocure Medical Center

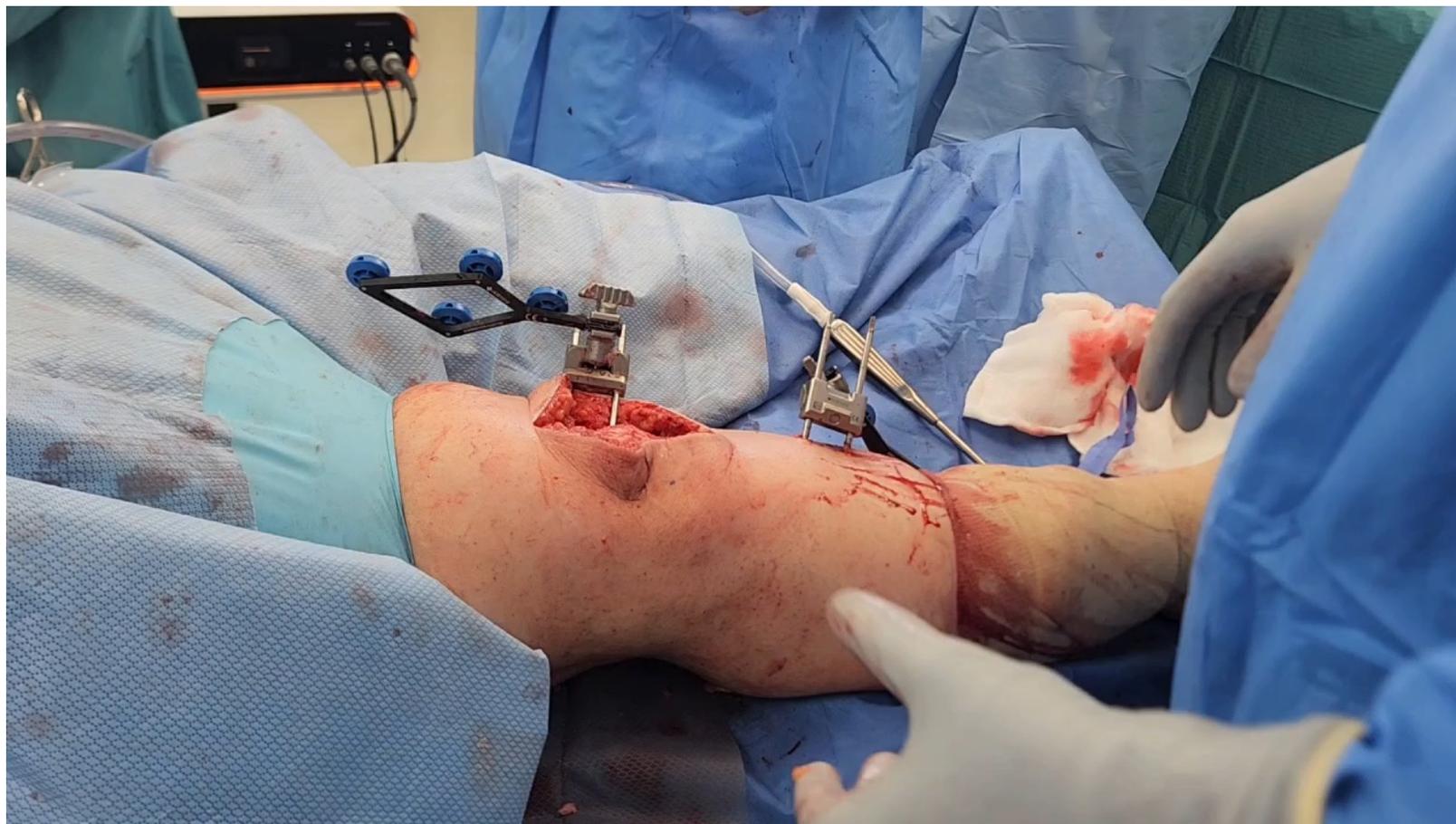
A. Professor MBRU & UAEU

Dubai UAE

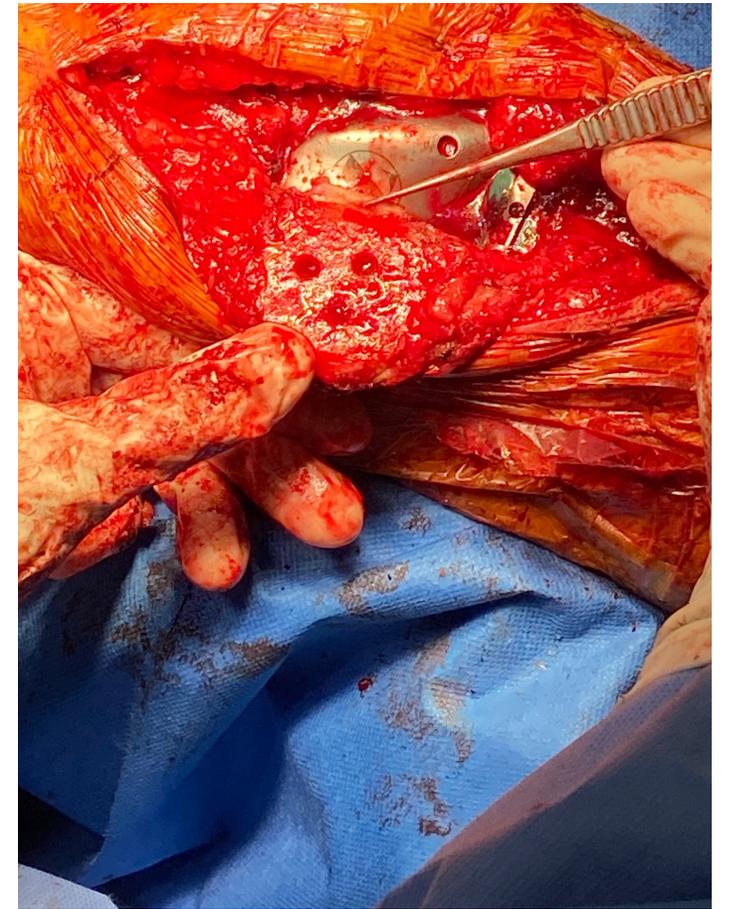
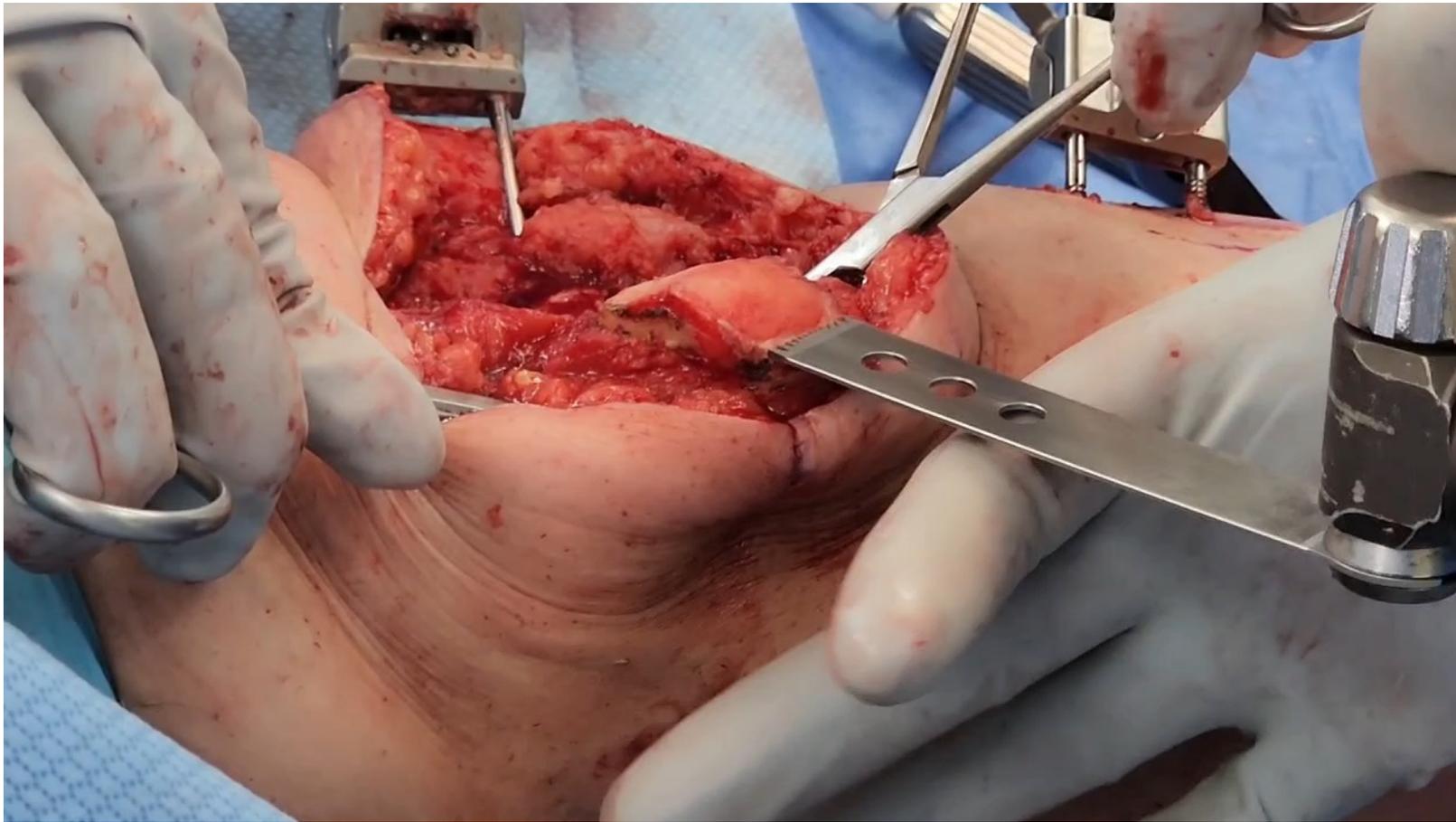
Objectives

- Demonstrate technical aspect of Patella resurfacing
 1. Exposure
 2. Bone cut
 3. Cementing technique

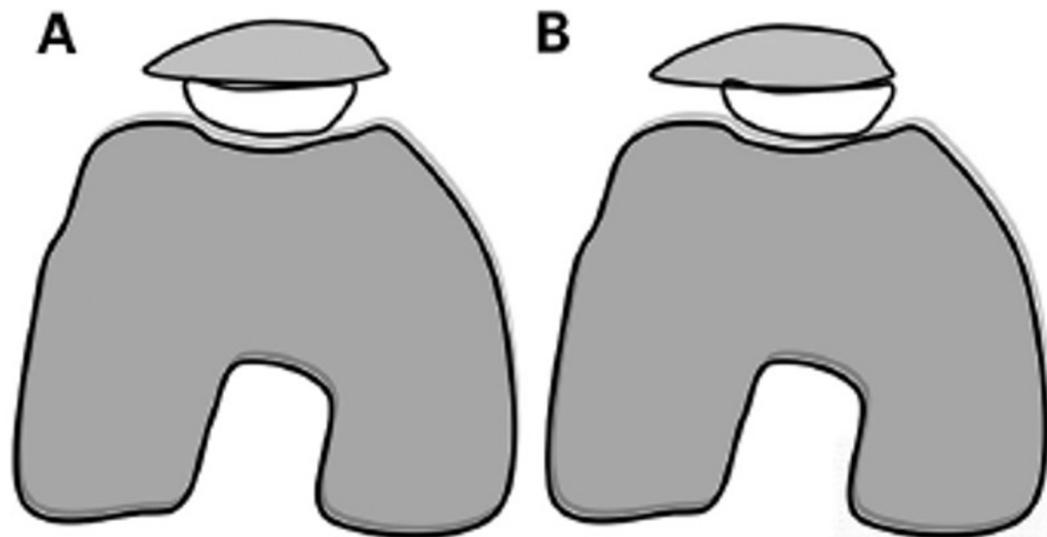
Approach



Bone cut preparation



Patellar Button Placement



Cementing technique



No Thumb sign technique



Case example



Post OP



Conclusion

- Patella resurfacing is demanding technique and I prefer to always do it
- Ovoid over stuffing
- Always electrocautery
- Pay attention to cementing the patella
- Check tracking with No thumb sign technique