

Single bundle augmentation
for PCL reconstruction and
PLC reconstruction

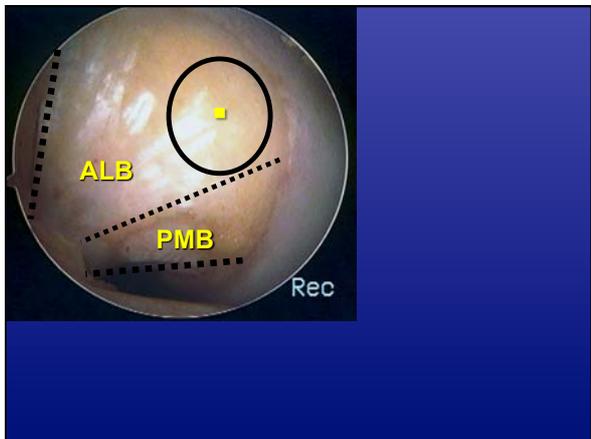
Mitsuo Ochi, MD
Professor and chair
Department of Orthopaedic Surgery
Hiroshima university, Japan

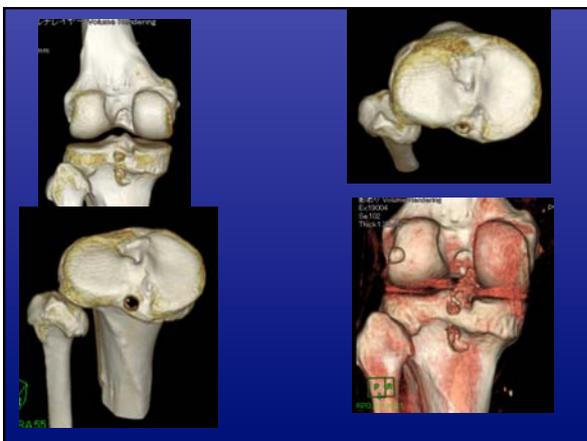
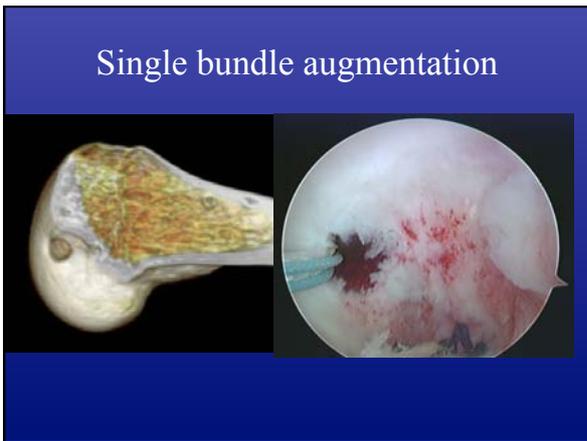
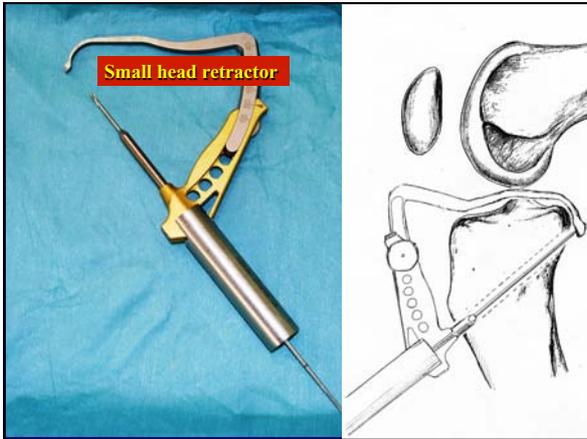
PCL reconstruction

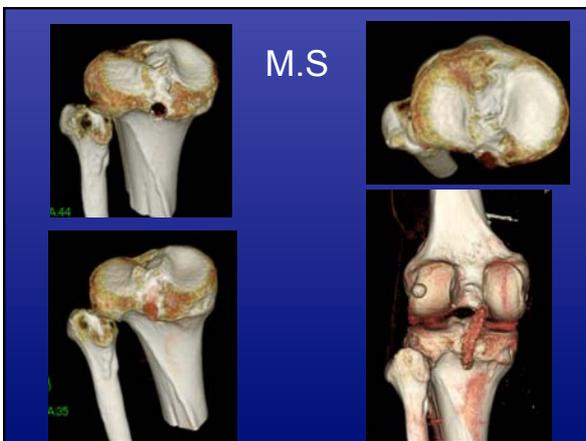
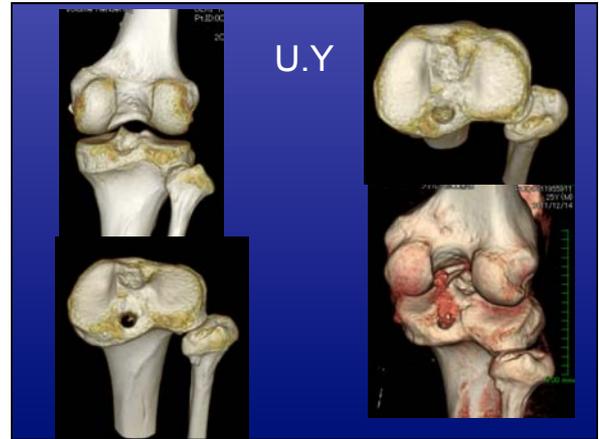
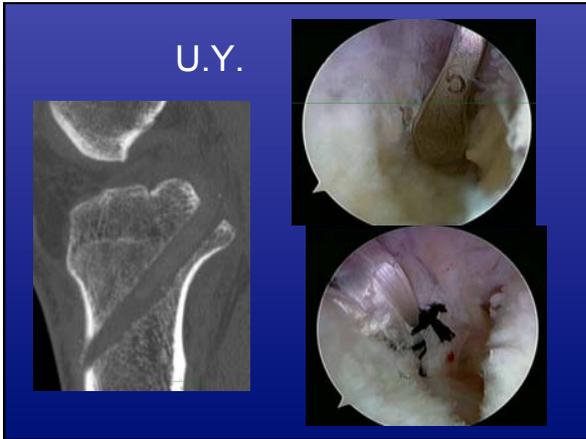
Double vision system
and Trans-tibial single
bundle augmentation

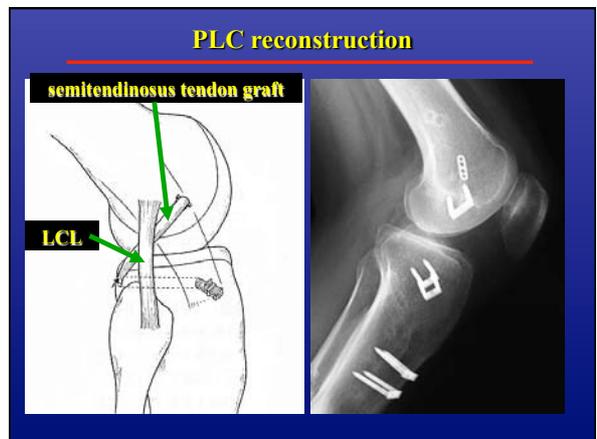
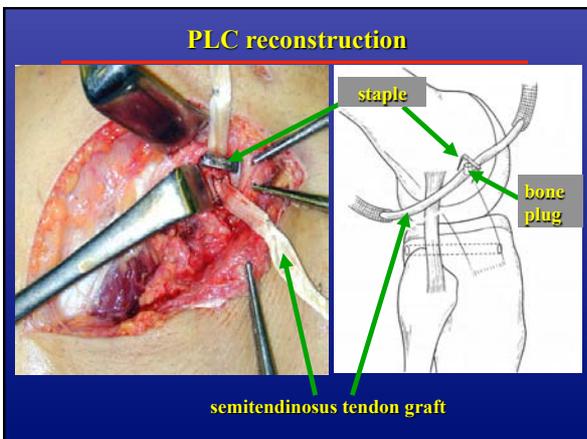
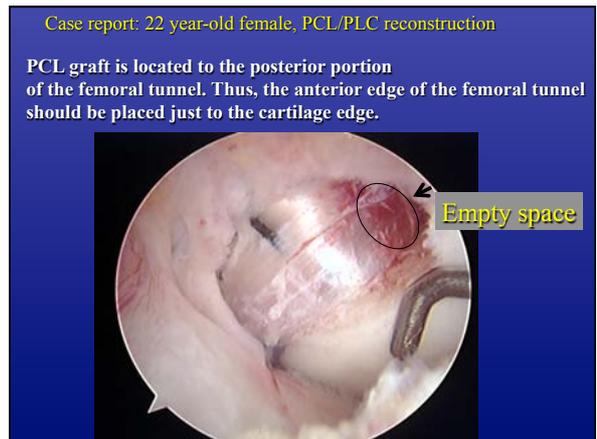
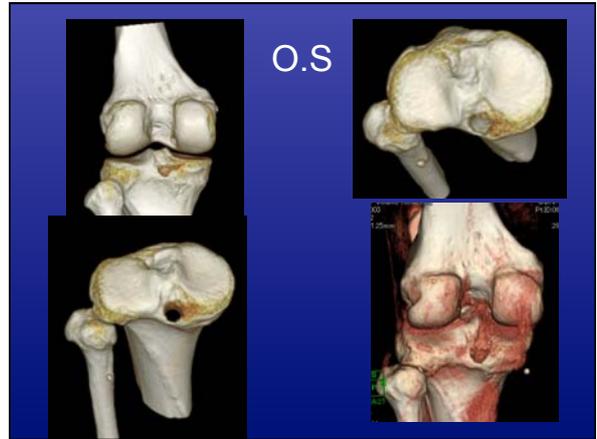


Ochi, ISAKOS interim workshop in Italy 2002









7. Structured postoperative rehabilitation

- 1 wk fixed with knee brace
- 1 wk - apply PCL brace
- 4-6 mos. - PCL brace off
- 9~12mos. - recover for sports



PCL brace

Slow rehabilitation

Case report: 22 year-old female, PCL/PLC(LCL) reconstruction

Post-operative X-ray



Case report: 22 year-old female, PCL/PLC(LCL) reconstruction

Post-operative stress X-ray

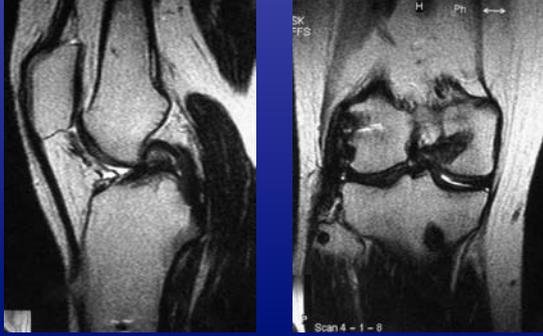


Varus Posterior Sagging

Posterior stress: SSD 2mm

Case report: 22 year-old female, PCL/PLC(LCL) reconstruction

Post-operative MRI



Case report: 22 year-old female, PCL/PLC(LCL) reconstruction

P.O. 2y: 2nd look arthroscopy

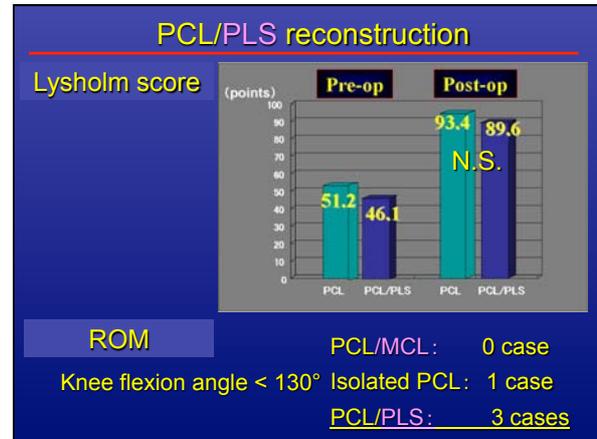
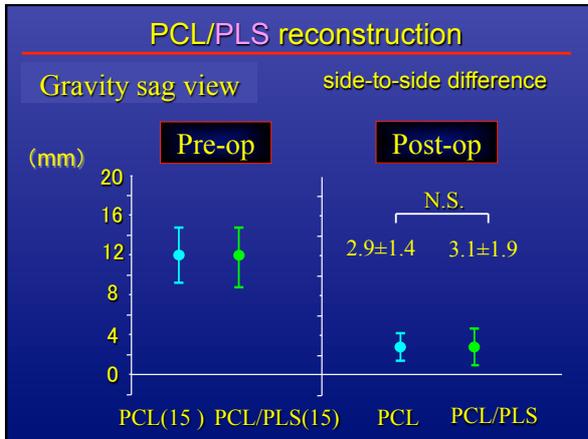


PCL + PLS reconstruction

Second look arthroscopy (2 years after primary surgery)



Posterior laxity measured by stress radiography: 3 mm



Conclusions

Our reconstruction procedure of PCL & PLC was introduced.